



Ennismore Girls Hockey Association “Freeze off” Tournament Official Rules

Failure to comply with the official rules will result in expulsion from the tournament with no refund

1. Teams are responsible for providing their most up-to-date OWHA OFFICIAL ROSTER with a ‘printed date’ (bottom right) no earlier than October 1, 2025 to the tournament convenor.
2. Hockey Canada and OWHA rules shall apply.
3. The OWHA minimum suspension guidelines will be strictly enforced. All suspensions will be enforced according to OWHA Constitution, By-Laws, Regulations & Rules.
4. The tournament schedule will be uploaded into RAMP and teams game codes will be found in their teams RAMP login. Teams are responsible for ensuring they indicate players and bench staff participating in every game within RAMP as well as ensuring jersey numbers are noted (if not showing) a minimum of 10 minutes prior to the start of each game. Teams are also responsible for reporting any major penalties to stats@owha.on.ca within 24 hours following the game OR before your next scheduled game, whichever comes first. You must include the team’s name and OWHA number, player’s or bench staff name, infraction assessed, game date and time, and name of tournament.
5. All players participating in the tournament must be properly registered through the OWHA to play on the team with which they are listed, or qualified to play by properly completing the Pick Up Player/AP Section within RAMP. No paper “OWHA Pick Up Player for Tournament” forms will be accepted.
6. Pick up players per OWHA Guideline
 - a. Pick up players are permitted for tournaments only, and not for Regional Playdowns or Provincial Championships.
 - b. Pick up players are not permitted to replace suspended players.
 - c. For each pick up player used in a tournament, a team must utilize the function within RAMP. No paper Pick Up Forms for Tournaments will be accepted.
 - d. A team may use a maximum of three (3) pick up players; (*paraphrased*)
 - i. House League teams may pick up a maximum of three (3) players laterally within the same category, same or lower age division.
 - e. Pick ups are to be registered OWHA players only and the pick up player may only participate with one team during the tournament.
 - f. The OWHA Registrar may authorize lateral movement of a goaltender in any emergency situation.
 - g. A player’s own team must honour any suspension incurred by that player while acting as a pick up player for another team.



7. All teams MUST be available to play 30 minutes prior to the scheduled start time.
8. All games will consist of three periods (10-10-12 minutes), stop time.
9. Teams are NOT permitted on the ice until at least one (1) on-ice official is present on the ice.
10. The fast-start approach to games will be utilized. Timekeepers will set the clock at 13-minutes following the exit of the Zamboni. Officials will blow their whistles to indicate 1-minute remaining in warmup to notify teams to clear warm up pucks and report to centre ice. The clock will not stop following the warm up. Officials are encouraged to call a delay of game penalty to team(s) who do not report to centre ice for puck drop.
11. As soon as there is a 5-goal differential, the clock will continue to run until the spread is reduced to three(3) then stop time shall resume. NOTES: Run time commences following the puck drop after the goal that creates the 5-goal difference. Two-minute penalties remain as two minute (not 3-minute) penalties during run time. Penalty clock commences following the puck drop.
12. For any misconducts, game misconducts or match penalties received in the preliminary games, ten (10) minutes will be applied to the team's penalty minutes for the particular game wherein the penalty occurred.
13. Teams will be awarded 2 points for a win, 1 point for a tie and zero (0) points for a loss.
14. Standings after the preliminary round will be calculated on the basis of the points awarded as per Rule #12 In the event of a tie between teams at the end of preliminary play, the following criteria will be used to break the tie:
 - a. Most wins in the preliminary round.
 - b. Winner between the tied teams when they played head-to-head (does not apply if more than two teams tied)
 - c. Percentage as calculated by dividing team's total "Goals For" by the SUM of the team's "GoalsFor and Goals Against". $TGF / (GF+GA) = \%$ (See Chart)
 - d. Fewest Goals Against
 - e. Fewest Penalty Minutes in preliminary round
 - f. Earliest Goal in preliminary round
 - g. Coin Toss.
 - h. Follow Tie breaking rules in Order. Once a Tie Breaking Rule has been used or is not applicable it cannot be used again.
15. One - 30 second timeout will be allowed for each team ONLY during the Final game. Overtime is not a new game. There is NO TIMEOUT in Preliminary Round or Semi-Final games.
16. Semi Final & Championship games are played to a winner. In the event of a tie at the end of regulation time, a Sudden Victory 5-minute overtime (stop time) will



commence. Teams will play 3 on 3 PLUS Goalies. Players can be changed at any time. Goalies may be "pulled" at any time and a substitute player from the bench may be used. If still tied, a shootout will occur.

17. Shoot Outs: Teams do not change ends for Overtime or Shoot Outs. Each team must designate 3 shooters (S1, S2, S3) prior to the start of the game to the arena convenor and the players will shoot as listed as S1, S2, S3. Any player serving a penalty at the end of overtime will not be eligible to participate in the shoot out. All players except shooter and goalies will be on the bench. Once a player has shot, they will go to the penalty box. Shooters from both teams will shoot at the same time starting at centre ice. All 3 designated shooters from each team will shoot. If still tied, each team will designate one shooter at a time until there is a winner. A player may not shoot for a second time until all players on the game sheet (except goalies) have shot.
18. It is the team's responsibility to ensure a clean dressing room is left upon completion of their game. All teams are requested to vacate the dressing room 20 minutes or less after their game is completed. Teams are not permitted to hold parent or team meetings in dressing rooms.
19. On-ice officials' decisions are final and not subject to appeal or grievance. The decisions of the Tournament Officials are final. No appeals will be allowed.
20. Home teams must wear light coloured jerseys where possible. In the event of a conflict, the home team must change their jerseys. Teams are requested to bring pinnies or a second set of jerseys to avoid conflict.
21. Flooding of the ice will occur at the end of every game. Flooding of the ice may be deferred at the Tournament Committees discretion.
22. In the event of a game cancellation due to inclement weather where both teams are unable to ice a team OR due to facilities breakdown or malfunction, we will first attempt to reschedule the game(s) within tournament timelines. If unable to reschedule the game(s), a score of 0-0 will be recorded and each team will be awarded one (1) point. Tournament organizers are NOT responsible for unforeseen events resulting in cancellation of games
23. If a team withdraws from the tournament following the team's confirmation in the tournament (after payment is made by the team), an administrative fee will apply. Please see the Tournament Withdrawal/Removal Policy and Credit Card Payments document posted on the Tournament website. The OWHA Tournament Withdrawal Rules apply for teams withdrawing within 28 days of the tournament start date.

The Tournament Committee reserves itself the final word on the interpretation of the rules.

GOOD LUCK TO ALL TEAMS !!



Overtime Rules for Semi Final and Championship Games

- Semi-final and Championship games are played to a winner. In the event of a tie at the end of regulation time a SUDDEN VICTORY FIVE (5) MINUTE OVERTIME (stop time) will commence
- One - 30 second timeout will be allowed for each team ONLY during the Final game. Overtime is not a new game. There is NO TIMEOUT in Semi-Final games.
- Teams will play 3 on 3 plus goalies. Players can be changed at any time. Goalies may be “pulled” at any time and a substitute player from the bench may be used. If a team is assessed a penalty, then play will be 4 on 3. If a team is assessed a 2nd penalty while 1st penalty has not expired then play will be 5 on 3. If there is no whistle, it will be 5 on 4 when the first player gets out, and then 5 on 5 when the second girl gets out. It reverts back to 3 on 3 once a whistle occurs.
- If still tied, a shootout will occur. Teams do not change ends.
- Each team MUST designate 3 shooters (S1, S2, S3) prior to the start of the game to the arena convenor and the players will shoot as listed as S1, S2, S3.
- Any player(s) serving a penalty at the end of overtime will not be eligible to participate in the shoot out. The coach must designate a shooter(s) to take her place(s) immediately at the end of regulation time.
- All players except shooter and goalie will be on the bench to start.
- All 3 designated shooters from each team will shoot. Shooters will shoot at the same time starting at centre ice. Winner is determined by most goals after three shots, not the first goal.
- Once a player has shot, they will go directly to the penalty box.
- If still tied, each team will designate one shooter at a time until there is a winner. A player may not shoot for a second time until all players on the game sheet (except goalies) have shot.

****We respectfully ask for your assistance in that no person not on the official roster or Tournament staff be on the ice for photos during and after medal presentation due to municipality insurance regulations.**

****Championship Awards and Medals MAY be Presented Off-ice if deemed by Tournament Officials due to time constraints and will be presented at a determined location as required. We thank you for your anticipated support in this matter.**



TOURNAMENT WITHDRAWAL/REMOVAL POLICY AND CREDIT CARD PAYMENTS

Tournament Withdrawal/Removal

An administration fee will be applied to any team who withdraws from the tournament following their confirmation in the tournament (payment received by EGHA Treasurer) and the CONFIRMED email to the team has been sent. The team's registration fee less the administration fee will be returned to the team within 30 days upon receipt of the team's written, acknowledged notice of withdrawal. If paid via credit card, the non-refundable on-line merchant fee applies as well.

- 61 days or more prior to tournament start date -- \$350
- 29-60 days prior to tournament start date – 50% of registration fee
- 28 days or less prior to tournament start date – OWHA rules apply.
 - *"The Tournament Host is entitled to retain the tournament entry fee of any team which withdraws 4 weeks or less prior to the tournament."*

If a team registers in an incorrect division or level OR does not advise EGHA of a team's change in division or level 60 days prior to the tournament start date, the team will be removed from the tournament at the team's expense. It is the team's responsibility to advise all tournaments of a change in division or level.

Cancelled Division

The administration fee will NOT apply if a division is cancelled by the tournament host. The team's registration fee will be returned to the team within 30 days. If paid via credit card, the refund will be less the nonrefundable on-line merchant fee.

OWHA Tournament Withdrawal (as per OWHA Handbook)

- Written notice of withdrawal from a tournament must be received by the Tournament Host four (4) weeks prior to the tournament. Failure to comply will result in a fine of \$200.00 payable to the OWHA within 30 days.
- If a team withdraws from a tournament other than as specified in RULE TWO(I)(10), the following fines will be levied by the OWHA, to be divided 60% to the OWHA and 40% to the tournament host. All fines are in addition to the fine levied in #1 above.
 - 7-10 days prior to tournament \$100.00
 - 2-6 days prior to tournament \$150.00
 - 0-1 day prior to tournament \$200.00
 - No show \$300.00
- Penalized teams may appeal these penalties on the grounds of unavoidable accident or unforeseen circumstances as per Appeal Procedures.



- The Tournament Host is entitled to retain the tournament entry fee of any team which withdraws 4 weeks or less prior to the tournament.
- A full refund will be provided, less on-line merchant fee, IF any team must withdraw from the tournament due to an order of their Public Health Unit. Proof may be required.

CREDIT CARD PAYMENTS

All credit card payments are subject to a non-refundable on-line merchant fee. If a division is cancelled by the tournament host, the fee still applies and is not refundable. No exceptions!!!